

ooper-Young added at least 18 new businesses in or near the neighborhood in 2013, while commercial vacancy declined, according to numbers from the Cooper-Young Business Association.

The growth outpaced both 2012 and 2011, when about 11 businesses opened in the neighborhood each year. Much of the growth in 2013 came from retail and service businesses, adding to the neighborhood's healthy stock of entertainment and dining options, said Tamara Walker, executive director of the CYBA.

"Cooper-Young continued to be a strong presence in the entertainment and dining arena in Memphis 2013," Walker said. "We have seen our retail venues grow substantially and this will continue in the future. The number of retail stores in Cooper Young is 45, stocking everything from antiques to hats and paint to watches."

Several more businesses — Tart bakery, Jay Etkin Gallery and Peridot boutique — have announced their intent to open in early 2014. Longtime veterinary center Central Animal Hospital also is undergoing a major expansion.

#### NEIGHBORHOOD NEWCOMERS LAST YEAR:

Addison, Arthouse T-Shirts, Ballet on Wheels Dance School, Cowork Memphis, Glennys Cowles Interior Design, Greencork, The Growler, Halford Loudspeakers, Kindred Spirit Style, Langford Market, Loaded for Bear, Memphis Fitness Kickboxing, Memphis Made Brewing, Midtown Music, Midtown Yoga Too, Phillip Ashley's Midtown Chocolate Boutique, Sadhana Sound Studios and Wish.

The CYBA reported 14 unleased commercial spaces, down from 23 last year, as of early January.

The growth comes as Cooper-Young faces increasing competition from nearby Overton Square, which is undergoing a \$20 million redevelopment and recently opened a city-financed multilevel parking deck. Overton Square reported an 85 percent occupancy rate at the end of 2013.

Citywide, Memphis' retail vacancy rate had increased slightly by mid-year 2013, from 14.8 percent to 15.3 percent, according to the Memphis Business Journal. Memphis Fitness Kickboxing became one of Cooper-Young's newcomers May 16, when it opened at 2813 Young Ave.

The business, which already had a gym in Bartlett, had been looking for a central location to accommodate its fitness clients, who were making long commutes from not only Midtown, but DeSoto County and West Memphis to experience the unique, intense workouts that come with kickboxing training. Since opening, the partners have added more equipment and expanded into an adjacent space to keep up with the growth in their client base, which now numbers above 350 at the Cooper-Young location.

Co-owner Eric McMahon said he's been surprised at the growth, noting that Midtowners seem especially eager to support locally owned Midtown businesses like his.

"It's honestly been crazy, the growth we've had in this location," McMahon said. "Midtown has a very unique vibe to it and we thought this would fit in with it."

- LampLighter staff

## PAGE 5

#### POLICE, COURT REPS TO VISIT

Memphis Police Col. Russell Houston will discuss recent crimes in Cooper-Young, while Judge Larry Potter will talk about blight, at a public meeting.

## **PAGE** 12

#### **CY INSIDERS GUIDE**

Our annual listing of businesses in and around Cooper-Young has been updated for 2014. Shop local!

### PAGE 19

#### THIS READING LIFE

Author and Burke's Book Store owner Corey Mesler looks back at his Best of Lists from 2013, from fiction to film. Plus, find out what classic he's been reading.

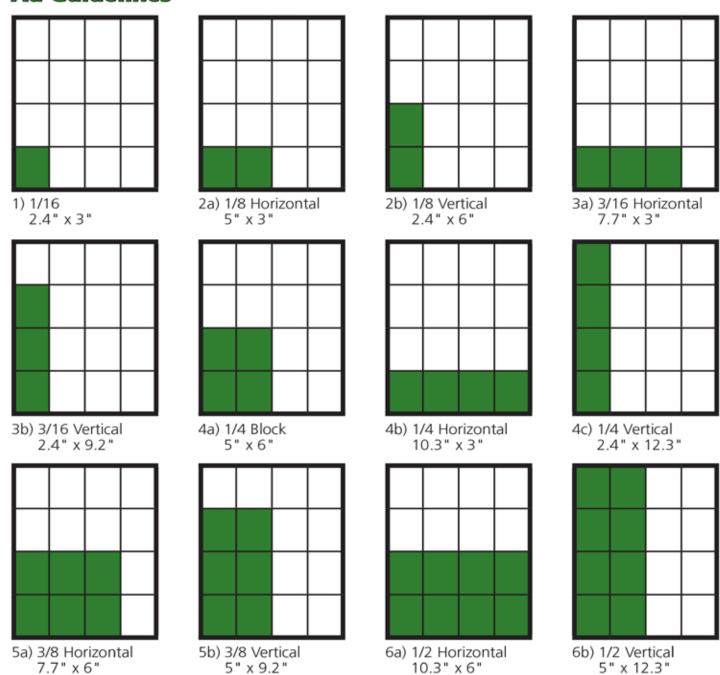


# 2014 LAMPLIGHTER AD RATES

ID#	Cost	Size		
1	\$35	1/16 Page		
2	\$55	1/8 Page		
3	\$65	3/16 Page		
4	\$90	1/4 Page		
5	\$130	3/8 Page		
6	\$165	1/2 Page		

ID#	Cost	Size		
8	\$275	Full Page		
9	\$330	Back Page		
10	\$700	4-Color Back Page		
11	\$100	Monthly sponsorship		
		of CYCA emails		

#### **Ad Guidelines**



REACH THOUSANDS OF MIDTOWN CUSTOMERS AND SUPPORT COOPER-YOUNG

## CONTACT SUSAN TODAY

901-652-7092 ADS@COOPERYOUNG.ORG



FEBRUARY 2014

#### **STAFF&VOLUNTEERS**

FOUNDER Janet Stewart
EDITOR David Royer
LAYOUT ARTIST David Royer
WEBMASTER Patrick Miller
BUSINESS MANAGER Chris McHaney
DISTRIBUTION Rich Bullington
AD MANAGER Susan Jaynes

**CONTRIBUTORS:** Mary Baker, Ben Boleware, Mary J. Burns, Kristan Huntley, June Hurt, Kathy Katz, Renee Massey, D. Jackson Maxwell, Corey Mesler, Josh Spickler, Tamara Walker, Wes Williamson, Julie Wright

## DEADLINES FOR THE MARCH LAMPLIGHTER

ARTICLE SUBMISSIONS: February 15
ADVERTISING COPY: February 21
DISTRIBUTION BEGINNING: February 28
Please send all articles and submissions to
lamplightereditor@gmail.com. For advertising rate sheet, or to submit ads electronically, please email ads@cooperyoung.org.

#### CONTENT

901-297-6527 | lamplightereditor@gmail.com

#### AD SALES

901-652-7092 | ads@cooperyoung.org

#### DISTRIBUTION

901-726-4635 | distribution@cooperyoung.org

Cooper-Young Community Association Kristan Huntley, Executive Director 901-272-2922 | info@cooperyoung.org

Cooper-Young Business Association Tamara Cook, Executive Director 901-276-7222 | cyba@bellsouth.net

#### CYCA BOARD OFFICERS

President June Hurt
Vice-President Mark Morrison
Secretary Renee Massey
Treasurer Kevin Ritz

#### CYCA COMMITTEE HEADS

Art Auction
Beautification
Beer Fest
Block Clubs
Building
Code Awareness
Communications
June Hurt
Demetrius Boyland
Mark Morrison
Liz Royer
Debbie Sowell
Vacant
Patrick Miller

Festival 4-Miler
Richard Coletta,
Michael Ham,
Chris McHaney,
Libby Flynt
Finance
Kevin Ritz

Safety Membership

Wes Williamson Vacant

At-Large

Board Members Vacant

## LETTER FROM THE PRESIDENT: If you want change, get on board

#### Last month, for the third year,

I had the honor of leading the CYCA Board in our annual planning retreat. Sometimes I think that residents expect so much from the board that I like to speculate about what they think we really do all year ... like if we had unlimited resources and magic wands, maybe we could completely rid our neighborhood of crime, blight and rabid dog packs; reunite every single lost dog, cat, chicken and turtle with their responsible owners; create a number of free, eco-friendly, parking structures covered in colorful murals painted by neighborhood children; and offer free beer to anyone that ever has a bad day. For good measure, maybe we grant our executive director the powers of clairvoyance, running at the speed of sound, and shape-shifting!

In reality, a lot of what we do involves just coming together to exchange ideas on all types of issues and projects. Luckily, as a whole, we all get along well and find it

interesting to figure out ways to address issues involving everything from getting a blighted property torn down to deciding on what kind of copier Kristan needs.

Serving on the CYCA Board is not the easiest thing to do in a neighborhood as dynamic and demanding as Cooper-Young, but can be incredibly fun and rewarding for the right people. I'm excited to say



Beverly Greene taught me everything I know about taking awkward photos. Truly an inspiration ...

that we are presently talking to a number of residents that might be willing to join us to try to make a difference. Some of the interest is in response to the recent breakins, and it got me thinking about how it all started for me.

Last month, for the third year, I solemnly choked down a glass of Tab mixed with pink box wine, looked through old photos, and remembered the beautiful soul that inspired me to get more involved. Beverly Greene was the kindest, funniest and most giving woman I have ever met, and I am reminded daily of how lucky I was to share homes, husbands and dogs with her for so long. She showed me how important it was to not complain about problems in the community if I wasn't willing to help change them, and embodied everything good about Cooper-Young.

She was always there for me, and I know that she is still with me every day. She had the most fun trying to convince us to have

her ashes blown out of potato cannon at the CY Gazebo as long as it wasn't windy enough to carry her to Germantown ... ah, Beverly ... no one will ever take your place in our hearts.

Love and Joy,

June Hurt

## **Business association has new president**



June Hurt, Cooper-Young Community Association president (left), congratulates Steve Womack, the new Cooper-Young Business Association president, at the monthly CYBA meeting at Greencork. Womack owns a State Farm Insurance agency in Cooper-Young.

The LampLighter is published by the CYCA. The opinions and information presented here are those of the volunteer authors and do not necessarily reflect the views of LampLighter staff or the entire Cooper-Young community. The LampLighter assumes no responsibility for errors or omissions. However, we commit ourselves to providing current and accurate information.

## THIS MONTH IN COOPER-YOUNG

**Feb. 2** First Thursday Night Out, 5-9 p.m.

**Feb. 8** Sixth Annual Cooper-Young/ Peabody PTA Chili Cook-off, noon at Peabody Elementary. Registration still accepted. See story, Page 21.

**Feb. 11** Neighborhood meeting, 6:30 p.m. at CYCA office, 2298 Young. Col. Russell Houston of Memphis Police Department and Hon. Judge Larry Potter of the city's Environmental Court will speak to residents. See Story, Page 5.

**Feb. 14** Valentine's Day. Take your date out to dinner.

**Feb. 18** Cooper-Young Community Association board meeting

**Feb. 27** Safety Committee meeting, 7 p.m.

**March 1** Get your belongings engraved with your name and information to keep it safe for free, l1 a.m. to 3 p.m. at CYCA office, 2298 Young. See story, Page 22.



#### Serving Breakfast & Lunch

7 am-3 pm Tuesday-Saturday, 9 am-3pm Sunday

993 South Cooper • 901-922-5314 stonesoupcafememphis.com facebook.com/stonesoupcafememphis



Open 7 Nights a Week

3 S. Barksdale 901-724-1667

NOW OPEN UNTIL MIDNIGHT FOR YOUR LATE NIGHT APPETITE!

Friday • Saturday • Sunday

LIVE AT CAMY'S

Live Music **Friday Nights** 

2 for 1 Bottled Beers

Visit Camys.com for specials & this week's musicians



## Long-vacant building may get new owner

By Kristan Huntley/CYCA

Many in the neighborhood have been concerned about the status of the blighted building at the corner of Cox Street and Young Avenue. We are happy to have some positive news to share.

The property owner, Ms. Sandra Alderson, and her daughter appeared in Environmental Court for their initial hearing on Sept. 5, 2013. It quickly became clear to me that this blighted property was not due to an owner who was careless. Since the passing of the original owner, Mr. James Summerall of Summerall Electric, the property has been in limbo due in large part to the fact that Ms. Alderson did not believe that she had clear title. The house has caused Ms. Alderson, who is elderly, and the family much stress and duress as to how to proceed with addressing the situation and remedying past due taxes.

After the last meeting in Environmental Court when Ms. Alderson and her daughter were told that they have title to the property, Ms. Alderson chose to sell the property.

An investor from California by the name of Ron Evans expressed a desire to purchase the property. Although he is based out of California, Mr. Evans has purchased and renovated many Memphis residences that were blighted.

On Jan. 16, I was able to meet Mr. Evans just prior to his appearance before Judge Potter in Environmental Court to give a status update on the property. He seemed very genuine in his interest to bring back the structure and create a very nice home that he could sell in what he heard was one of the best neighborhoods in Memphis. I also discovered that he is respected for his good, quality work by Code

Unfortunately though, there seems to be a couple of hiccups in the sale of the property that was supposed to close on Dec. 31.

When the case was called, Judge Potter requested that both Mr. Evans and I appeared before the court (much to my surprise!). Mr. Evans shared his update with the court and we found out why the property is having trouble closing. First, the title may not be completely clear after all. Ms. Alderson may



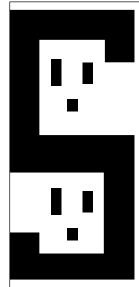
have indeed been right in her assumption that she does not hold clear title to the property, so that may delay the process while research is done or require an appearance before Chancellery Court. Also, as many neighbors to the property are aware, there used to be gas tanks buried underneath the ground in the back. These tanks were attached to pumps that Mr. Summerall used to fill up his work trucks with the electric company. According to family and some residents, these tanks were taken up in the late 1980s due to an EPA mandate.

Prudently, Mr. Evans would like an EPA report to make sure the tanks were taken up correctly and that there is no contamination. Mr. Evans would still very much like to purchase the property, but if these hurdles cannot be tackled then that might not be the outcome.

A court date has been set for March 6 when Ms. Alderson and Mr. Evans will appear to find out if these hurdles have been cleared and if Mr. Evans would like to proceed with the purchase or has already done so.

Judge Potter and Attorney Steve Barlow, who brings the blight cases to court, assured the CYCA that this property will not just remain blighted forever.

Residents, we also ask that if you see the building unsecured or if you are a neighbor who starts to have trouble with raccoons as has happened in the past, that you let us know immediately by calling 272-2922. Judge Potter assured us that those issues would be dealt with immediately if they occur. We will continue to update you as we have new information.



Jay-Alan Schwartz Electric Co.

full Service Electricions

**725-7787** TN UC 64458



## Vintage viewpoint

Do you know what happened to this historic Memphis theater? The Peabody Theater opened on Cooper at Nelson in 1927 and operated until about 1955. This photo shows the theater playing "My Friend Flicka," which was released in 1943. Trolley cars ran up and down Cooper at that time.

After the theater closed, it became home to Consolidated Wholesale Florists until the 1980s.

And the building is still in Cooper-Young — since the early 1990s, the building has been home to the world-famous Memphis Drum Shop.

Photo from Memphis Public Library. Information from "Cooper-Young: A Community That Works"

# Memphis Police, Environmental Court judge to talk with Cooper-Young neighbors Feb. 11

By Kristan Huntley/CYCA

Col. Russell Houston, head of the Memphis Police Department's Crump Station, and Hon. Judge Larry Potter of Memphis' Environmental Court, will speak with neighbors at a meeting Feb. 11 at 6:30 p.m., at the CYCA office, 2298 Young.

Houston will discuss recent break-ins and robberies that have had neighbors talking recently. For the Crump Station, Houston said such crimes are relatively low. That is not to downplay or dismiss those people who have had someone violate their space or take their personal belongings (I have been one of them!) but overall for the entire precinct that is a very low number, he said.

At this time, there is no indication that incidents are happening in our neighborhood at any higher rate of frequency than other neighborhoods around us.

Still, please be alert and call the Crump Station to ask for a directed patrol on your block if you feel it is needed. Also, PLEASE report crimes. That is the only way that they can identify trends and address them. Even if your

car window was broken and you don't intend on filing an insurance claim for your window, DO file a police report.

Also, make sure you lock your car doors. Some non-upstanding people will just go try door latches until they get lucky, but that makes them more likely to try it again in a given area. Make sure your porch lights work and are bright and leave them on overnight or consider a motion sensor light. Also, if any streetlights are out, report them immediately.

Lastly, with the rise in social media, we are a lot more connected. In the past, we had to rely on immediate neighbors, phone calls for information or maybe email. Now, everyone is on Facebook and Nextdoor has grown almost 300 percent in a year. Hearing about more incidents does not always mean that more incidents are happening, just that you are more aware. One of the best things that we can do is use that knowledge to our advantage to keep abreast of what Midtown criminals are doing so that we are prepared and alert.

Let's stay calm and help watch out for one another. That's what neighbors are for.

Judge Potter, from Environmental Court,

will address the role of the court in fighting blight show how neighbors can lend a hand in that fight. He will also talk about how residents can band together to bring properties to court.

## Animal Control patrolling for stray dog packs in C-Y

In January, a rash of cat and chicken killings blamed on packs of stray dogs in Cooper-Young prompted outcry from neighbors who want something done about animals roaming the neighborhood.

The attacks began cropping up last summer, with at least seven cats dead in one weekend, Kristan Huntley said. Packs have been witnessed roaming nearby neighborhoods, too.

In January, five or six trucks from Animal Control began patrolling Cooper-Young in the pre-dawn hours, when most of the dog attacks seem to occur, and set out traps on Nelson, where there have been several sightings.

In the meantime, Huntley suggested keeping cats indoors and said not to leave food outside for cats and other animals.

#### **#COOPERYOUNG**

Here's what people on social media are saying about Cooper-Young lately.

#### Jan. 22

#### Rudy Williams @RUDY\_LIVE

Midtown Truck Stop restaurant 1 step closer to groundbreaking. City approves variances. @localmemphis #midtownmemphis #cooperyoung

#### Jan. 23

#### Truck Stop @TruckStopMem

Time to start truckin'

#### Jan 23

#### Kevin Lipe @epilnivek

@edlarnold I'm not sure what the Fairgrounds answer is, but I'm not sure big box retail is the answer.

#### Jan. 25

#### Patrick Jones @pjones391

Just moved from a nameless section of sketchy Midtown to Cooper-Young. The MPD Cyberwatch list is much shorter now.

#### Jan 26

#### Anthony Nguyen @antbooo

Cooper Young | Overton Square | Beale Street | Let the night begin!

#### Jan. 27

#### Cakes @tamisawyer

Saw the best yard ever on my walk this AM. 1.5mi through Cooper Young. Working up to 5k for Nanette

#### lan 27

FDIC.

#### Garrett Shouse @garrettdshouse

32 miles on the bike today. Pretty cool we are able to bike from Germantown to Cooper Young without having to bike on main roads.



Overnight stays available. Veterinary hospital experience. Member of Pet Sitters International.

www.jamiespetcare.com or call 901-634-1861

## iberiabank

#### WILLIAM E. STEMMLER

VICE PRESIDENT BRANCH MANAGER NMLS # 1019452

4894 Poplar Avenue Memphis, TN 38117 william.stemmler@iberiabank.com

> Tel: (901) 757-7174 Fax: (901) 537-7473 Cell: (901) 338-3599





## Memphis **Animal Clinic**

### **GET INTO THE Heartworm Free Zone!**

- Year Round Heartworm Prevention
- Yearly Heartworm Test
- Contact Your Veterinarian

If you have any questions or need any clarification regarding this, please give us a call 7:30 a.m. to 6 p.m.

Stephen R. Tower, DVM Jessica Seratt, DVM 733 East Parkway at Central 901.272.7411

memphisanimalclinic.com

# FREE Tax Prep



Don't rush! IRS certified volunteers will prepare your taxes for FREE

January 28th thru April 15th, 2014 Call 2-1-1 or 901.415.2790 for locations & hours









## **Condos planned in former Barksdale Market**

The former Barksdale Market at the corner of Barksdale and Nelson is undergoing a massive renovation that will convert the site from a convenience store into condominiums.

Hamed Saffarini said he is currently gutting and shoring up the shell of the 6,400-squarefoot commercial building from current owner Hamde Suleiman before closing on the purchase of the property. Once that is finished he said he will seek approval from city zoning and guidance from the community on construction of the units.

He described the four planned units as 1,500 square feet and up and said he plans to price them in the "low hundreds." Permits filed with the county Code Enforcement office indicate a construction budget of \$79,000.

Saffarini said he has done some remodeling projects in Cooper-Young and built homes in the county but this would be his first



project of this scale. He was attracted to the location, he said, because of its close proximity to restaurants and shopping and the number of single people, his target market, nearby. He also said he liked that Cooper-Young residents seemed to care about their neighborhood.

"That idea would not work anywhere but Cooper and Young," he said.

The building was built in 1933, according

to the county tax assessor, and previously housed Baker Brothers grocery and Barksdale Market, but has been vacant for several years.

Saffarini has met with community association executive director Kristan Huntley to discuss his design for the condominiums and said he would be meeting with her again once the initial phase of construction is finished.

LampLighter staff

#### Toad Hall owner closing shop, selling Cooper/Central corner building

Eleven years to the day after it opened, Toad Hall Antiques at Central and Cooper will close Feb. 28. The antique and gift shop had its best year ever in 2012, but owner Dana McBride said she is relocating to Gulf Breeze, Fla. to be closer to family. She plans to open another Toad Hall there.

"Honestly, it's just about family," McBride said. "Cooper-Young is always where I wanted to be."

McBride said the two-story, 5,000-square-foot building, built in 1909, is being sold to a group called Central Cooper Gateway, Inc.

That group, headed by local investor Charlie Ryan, owns adjacent retail properties on the southeast corner of the intersection, including Urban Outfitters' location, and elsewhere in Cooper-Young.

The building's sale is expected to close in March. McBride said she understood the new owners had plans for retail at the site, but no tenant. Ryan did not comment on his plans.

In the meantime, Toad Hall is having a moving sale, with prices 25 percent to 75 percent off.

#### Farmer's Market announces it may move to Overton Square location

The Cooper-Young Community Farmer's Market, part of the neighborhood since 2010, is considering moving out of Cooper-Young.

The organization made the announcement in January that it is considering moving from the parking lot of First Congo Church to Overton Square, but a final decision had not been made by press time.



The Cooper-Young Farmer's Market began hosting vendors selling produce, meats, eggs, breads, crafts and more in the parking lot of First Congo church in 2010. It is open each Saturday, year-round.

"We appreciate the continued support of First Congo and the Cooper-Young neighborhood," board member Sara Studdard said in a release. "Comment cards will be available at the market and comments/ questions can be sent to questions@cycfm.org. Feedback from the community is important to the CYCFM."

The Cooper-Young Farmer's Market is the largest gathering of vendors in the neighborhood. A smaller farmer's market is held Saturdays in the parking lot of Tsunami restaurant.



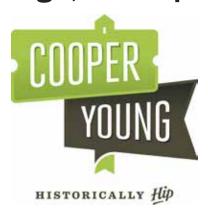
## Take a break from the heat with a brew and burger!

1927 Madison Avenue 38104 901.726.4372

www.hueyburger.com



# Cooper-Young rebranding with new logo, revamped website this year



It'll be a banner year for the Cooper-Young Business Association, as the business owners' group rolls out a new neighborhood logo and website.

The rebranding effort for the neighborhood is being accomplished with help from Midtown firm Combustion, said CYBA executive director Tamara Walker.

The logo, a green street sign motif noting the cross-roads of Cooper and Young, will begin flying on banners along Central, Cooper and Young soon. The CYBA's new website, www.cooperyoung.com, will feature an interactive map of neighborhood businesses and should be online later this year.

The CYBA also is planning for some improvements

this year at the gazebo at Cooper and Young such as new roofing and possibly flowerbeds, Walker

#### Variance approved for Truck Stop restaurant

Owners of the planned Truck Stop food truck hub were granted variances they sought from the city's Board of Adjustment Jan. 22. Partners met with community members recently, showing off some of the changes they've made in their plans after receiving feedback from neighbors.

Michael Tauer, a Memphis lawyer and partner in the business with restaurateur Taylor Berger, said the size of the metal building housing the restaurant has been scaled down to allow for 16 customer parking spaces, plus four docks for food trucks. The entrance remains on Cooper, with the exit on Central, in the new designs. City traffic engineers mandated that configuration because of traffic patterns at the corner, he said.

Because the corner lot was formerly a gas station, several old gas tanks remain underneath the parking lot and their condition is unknown. Tauer said Loeb Properties, which owns the 1/3-acre parcel, will remove the old tanks and perform any environmental remediation necessary before construction begins on the restaurant.

Some neighbors had hoped for the removal of a billboard on the site, but Tauer said the billboard, which had been on the site since the 1940s or '50s, was owned by Clear Channel Communications, which had no interest in removing it.

The sidewalks around the restaurant will be improved and landscaped, and bike racks will be added to encourage pedestrian activity, Tauer said. "We will do everything we can to encourage bike and pedestrian traffic," he said.

Cooper-Young resident Olivia Fraser, who attended the meeting at the Memphis Heritage office on Madison, said she was interested to see how the restaurant's concept of rotating food trucks and small plates plays in the neighborhood.

"I'm for anything that keeps the pedestrian, bike, urban vibe going," she said.

Construction on the restaurant should begin around April, owners have said. The opening date will depend in part on how long the tank removal will take.

#### Coworking space officially opens on Cooper

Cowork Memphis, a collaborative workplace environment that allows freelancers, small businesses and entrepreneurs to connect and grow their business with other like-minded professionals, is now open at 902 S. Cooper.

The business provides memberships for desks and workspace, meeting space and access to network with other professionals.

"We are excited to open the doors on Cowork Memphis," states Katie Maxwell, director of community development for Cowork Memphis. "Memberships start as low as \$100 per month and provide Wi-fi, coffee and access to classes and events. Or, for a little more, members can have 24-hour access and a dedicated workspace. All members will benefit from the opportunity to meet and grow business by developing relationships with other members."

Additionally, the coworking space has class rooms, event presentation rooms, conference rooms available for rent by the day or the hour for local businesses.

In addition to workspace, Cowork Memphis will also host outstanding business events for members including Startup Grind and House of Genius. Each of these events focus on networking and educating Memphis professionals on to develop highly successful businesses that grow the local economy.

"We are not an accelerator or incubator," states Maxwell. "Rather, we strive to be the premier workplace that provides content, programming and events that bring together small businesses, freelancers, work-from-home professionals, entrepreneurs and more to grow business together. We believe you can Achieve More Together than alone."

To visit about membership or meeting space, contact Katie Maxwell at 901-334-7651 or email them at work@coworkmemphis.com



#### CALENDAR

#### 'Monty Python's Spamalot' marches into Playhouse on the Square

It'll be a very silly time at Playhouse on the Square as the troupe presents "Monty Python's Spamalot" through Feb. 16.

This Tony Award winner for Best Musical and Drama Desk Award winner for Outstanding New Musical is a comedy "lovingly ripped off from" the 1975 film Monty Python and the Holy Grail. King Arthur, so dubbed when the Lady of the Lake gave him Excalibur, travels England in search of knights for his Round Table who go on a search for the Holy Grail. Musical numbers include "He Is Not Dead Yet" and "Always Look On The Bright Side Of Life."

The show runs Thursdays, Fridays, and Saturdays at 8 p.m., Sundays at 2 p.m. No performance Feb. 9 due to the Unified Professional Theatre Auditions. Tickets: \$35 Thursdays and Sundays, \$40 Fridays and Saturdays. \$22 Seniors/Students/Military. \$15 Children under 18.

For more information or to make reservations, please call 901-726-4656 or purchase tickets online at playhouseonthesquare.org.

#### Physicist to sign books at Burke's

Burke's Book Store will welcome back Memphis native Alan Lightman on Feb. 7 from 5 to 7 p.m. to read from and sign copies of his new book, "The Accidental Universe: The World we Thought we Knew" (Pantheon, \$24 hardback). Reading will begin at 6 pm.

Lightman is the author of six novels, two collections of essays, and several books on science. A theoretical physicist as well as a novelist, he has served on the faculties of Harvard and MIT and was the first person to receive a dual faculty appointment at MIT in science and in the humanities.

"A Walden for our digital, cosmological, and quantum age from a modern-day Thoreau," said Jon Kabat-Zinn,



The Cooper-Young Wind Quartet performs Feb. 27.

author of "Wherever You Go, There You Are," about Lightman's work.

Lightman is also the author of "Einstein's Dreams" and "Reunion." He currently lives in the Boston area.

#### Wind quintet to perform at St. Marys

Cooper-Young Wind Quintet, a woodwind and brass group, will perform a free concert Feb. 27 at 7 p.m. at St. Mary's Episcopal Cathedral, 700 Poplar Ave. The Cooper -Young Wind Quintet is comprised of five Midtown musicians who come together to give semi-annual concerts featuring both classical and contemporary music. The upcoming concert will include works by Franz Danzi, Kevin Cornelius, Samuel Barber, and Malcolm Arnold.

#### Show your love for Overton Park

The Annual Park Friends Membership Valentine Party will be Feb. 7, 6-9 p.m. at the Overton Park Golf House. The party is for Park Friend members and those who want to join in the love of the park. Park Friends memberships start at \$20 for individuals for those who would like to join at the event.

There will be food, drinks and music Jim Spake and Joe

#### Children's Museum plans night out

The Children's Museum of Memphis' annual fund raiser, Cirque du CMOM, will be Saturday, Feb. 8, 7 p.m. to midnight. The theme this year is "Memphis Strong." This 21+ party is held at the museum with hors d'oeuvres, open bars and all the best that the Bluff City has to offer.

Musical performers include Ruby Wilson, Al Kapone, American Idol star Alexis Grace and B.B. King's Club's House Band. Silky O'Sullivan's is providing dueling pianos for the VIP room while Raiford's Disco is manning the dance floor.

Ciao Bella, Café Society, Lucchesi's, Mesquite Chop House, The Second Line and Rendezvous are just a few of the more than 30 restaurants that will be providing food for the night.

The annual auction that coincides with the party is being held online again at www.BiddingForGood.com/CirqueduCMOM, January 31 - February 9. Even if you cannot attend the party, you can still bid on a multitude of fabulous items from the comfort of your home! All proceeds benefit the museum.

Individual tickets are \$150. All proceeds benefit the museum, its exhibits and educational programs. Tickets can be purchased online at CMOM.COM or by calling 901-458-2678, ext. 221.



#### Student works on display at MCA

Blind Date, a student-curated exhibition at Memphis College of Art, will be on view through Feb. 24 in the Rust Hall Lower Gallery, 1930 Poplar Ave., Overton Park. An opening reception will be held on Feb. 21 from 6-8 p.m.

The exhibition is curated by Barrett Smyth and Brittany Vega who were awarded the honor through the submission of their joint proposal in the Curate This! call in October.

For Blind Date, Smyth and Vega selected 15 artists and partnered them with one of the other selected artists. Each artist was asked to learn about their partner through their name, city, picture and an image of their work. Using only this information and the visual information they perceive in the images, they were directed to create their own piece, describing their partner.

The participating artists include Holly Carden, Samantha Wigginton, Gino Pambianchi, Jade Thiraswas, Anna Lacy, Karen Maggs, Jeff Muncy, Molly Van Roekel, Amanda Nalley, Alexa Helton, Beth Heustis, Alexander Swilley, Taylor Loftin, Devon Murphy and Megan "Tess" Lindsey.

Rust Hall's Lower Gallery is open Mondays-Fridays, 8:30 a.m. to 5 p.m.; Saturdays, 9 a.m. - 4 p.m.; and Sunday noon - 4 p.m. All MCA exhibitions are free and open to the public.

#### Theatre Memphis stages Miller play

Death of a Salesman, Arthur Miller's Pulitzer and Tony Award-winning drama comes to life on the Lohrey Stage at Theatre Memphis through Feb. 9.

Sowtimes are Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m. with matinees at 2 p.m. on Sundays. Tickets are \$25 adults, \$15 students with valid ID. Call the box office at 682-8323 or go to www.theatrememphis.org. Theatre Memphis is located at 630 S. Perkins.



Bill Andrews as King Arthur and Kent Reynolds as Patsy in 'Monty Python's Spamalot' at Playhouse on the Square until Feb. 16.

#### Playhouse accepting new scripts

Playhouse on the Square is accepting scripts for the Second Annual "NewWorks@TheWorks" Competition. A panel of local directors, actors and designers will review all submitted scripts and select six to receive staged readings during the 2014-15 season. After the six readings have been presented, Playhouse on the Square will select two that will receive full productions during the 2015-16 season. These two new works will receive world premieres at Playhouse's third performance space, TheatreWorks.

Along with these fully mounted productions, the two winning works will each be awarded a prize of \$500. The playwright(s) of each play will also be flown to Memphis to take part in the rehearsals and development of the new work.

There is a \$15 entry fee for the competition, which must be paid along with the submitted script. Only check and money order will be accepted. Any script submitted without the entry fee will not be considered.

For questions and rules on how to enter, contact Jordan Nichols, director of new works, at jordan@playhouseonthesquare.org.

#### Volunteer Expo coming February 25

In the spirit of a volunteer fair, dozens of Mid-South nonprofit organizations will be available in one location for community members to learn about programs and volunteer opportunities throughout the area. Sponsored by Volunteer Mid-South, the Volunteer Expo will be held Tuesday, Feb. 25, from 3 p.m. to 6 p.m. at the Oak Court Mall, 4465 Poplar Avenue.

The expo is free and open to everyone. Whether you're interested in volunteer opportunities, becoming a board member, researching which nonprofit you want to donate to, or just interested in what your community has to offer, please come. No reservations are required.

All nonprofit agencies are invited to participate. If your agency is interested in reserving booth space for a small fee, please visit http://www.volunteermidsouth.org to sign up online or contact Amanda Kiser at Volunteer Mid-South, (901) 523-2425, ext. 200 or akiser@volunteermidsouth.org. Amanda can also answer any questions regarding the Expo.

#### NJ Woods art at Kroc Center

Artist NJ Woods is the featured artist at the Kroc Center's Junior League gallery. Works are on display through Feb. 15 at the center, located on East Parkway just south of Central.



We want to thank those Memphians who supported Falcon Ridge Farm in 2013 through our Community Supported Agriculture program. It is now time for the 2014 season.

From our farm to your table, our CSA program offers you and your family fresh, locally-grown produce at an affordable price. By becoming a "shareholder" you're not only supporting local agriculture and becoming part of our family, you're giving your own family a healthier alternative to imported crops and crowded grocery stores.

Each week, we will bring you a delicious box of our freshest produce. We are one of the few local CSA programs to offer fruits, such as blueberries, strawberries, and blackberries to our members. Other choices may include any of the approximately fifty herbs, vegetables, and fruits grown right on our family farm. Seasonal variety provides you with exciting ways to challenge your culinary skills and taste buds each week.

To accommodate our members, we only have a limited number of shares available so please visit our website or call for more information.

www.farmatfalconridge.com We look forward to sharing our farm with you. Come visit us soon! 731.658.5200

#### Members

#### **Household and Senior:**

Adrian Friday Alison Morrell AM Photography Amy & Michael Working Amy Claire Petro **Amy Mauritson** Andy & Sydney Ashby Anne Vaughan Antone & Betty Baltz

Arta James

Baptiste Roturier &

Rhiannon Kevis

Barbara Denham

Becky Baker

Beth Hallderson

**Beverly Waters** 

Bill & Jessica Ganus

Bill Ware

Billy Coker

Black Lodge Video

Blake Carson

Burke's Books

Cafe Ole

Calming Influence

Camy's Food Delivery Cara Richardson & Patty Outten

Carmen Dickerson

Carole Kelley

Cathy L. Allen

Chad Holland

Charles M. Jones

Charlotte McGee

Chip Sneed

Chris McHaney & Debbie Sowell

Christie Cunningham

Chuck Parr

Cindy Calderon

Cindy Ware

Daniel & Amanda Bureau

**Daniel Levin** 

David Huey

David Mabury

David & Kim Strickland

David Early David Sick

Deana Windham

Deanna Ming

Diana Comes & Mark Erskine

**Donald Thomas** 

**Doris Porter** 

Dr. & Mrs. Allen Portner

**Edward Greene** 

**Eleanor Wooley** 

Emily Holmes & Paul Haught

Erika Dillard Faye Garner

Gary Windham

Gary Thompson Gene Herndon

Georgene Cachola

Gina Prater, Mallory Prater &

Carol Davis

Glen & Shelley Thomas Hannah & Kirk Smith

Harry & Jenny Koniditsiotis

FEBRUARY 2014

Haynes Knight

10

Hollywood Feed Union

Huey's Restaurant

inbalance FITNESS



The Cooper-Young Community Association says thank you to all these residents and business owners who chose to make C-Y a better place by renewing their memberships or becoming new members for 2014.

Ivan Marc Cedron Jack Maxwell Jacqueline Johns Janice Wood & Gary Hickman Jason & Misty Goike **Jeanie Shields** Jeffrey Williams Jenni, Andrew, Elena &

Cora Pappas Jerry & Kathy Dumlao Jessica & Noel Clark

Jim Brooks

Jimmy Thompson

Joan Foley Joe & Katy Spake

John & Cathleen Zeanah

Iohn & Michael Baer

John Chulos

John Walmsley

Jonathan Cole & Paul Linxwiler Joseph Nored

Joseph Queen Josh & Ginger Spickler Joyce & Jerry Turner

Julianna Donahue &

**Brad Christian** 

June Hurt

Karen & Steve McFadden Karen Golightly & Family Kathleen Carey-Michel

Katy Billings Kay Carlton Kelley Carter

Kelly Phillips Kenneth Taylor & Tim Nicholson

Kevin & Anna Ritz Kristen O'Connell Larrie Rodriguez Leslie & Brenda Vance Leslie Petty & Bo Graham Lia Ginius

Lillian Dykes Lisa Lumb Lyda Laneville Mallory Bader & Johnathan Boswell Marcus Mitchell Margrethe Frankle

Mary Ann & Kevin Pigott Maury Ballenger Mavis Estes MeLesha Staples

Melodie Griffin Memphis College of Art Michael Heltman Michael Karcz & Sandy D'Amato

Michael Michaud

Nancy Beard

Nicolas & Missy Barnhart

Olivia Fraser

Paige Arnold

Patricia M Foster

Patricia Phillips

Patricia Primrose

Patsy Ann LaVelle

Peter & Wilhelmina Alfonso

Peter Paul

Phil Richardson & Shauna

Wright

Playhouse on the Square

Randall Hartzog & Todd Stricklin

Richard Wanko

Robert & Kathy Curtis

Rollin Kocsis

Sal Cachola

Samuel Griffin & Paul G. Thomas

Sandra Spragins Sarah Sieloff

Scott & Renee Massey Selena & Jim Campbell

Shirley Jackson Soul Fish Cafe

Steve & Beth Pulliam

Stone Soup Cafe Stoy Bailey

Michelle Belton & Carol Adams

Mini Trouv

Mr. Scruff's Pet Care

Nikki Arnell

Otherlands Coffee Bar

Otis Allen & Ruth Allen Foster

Outback Steakhouse

Patrick McCabe Patsy & Renita Mister

Patti & Jay King

Paul & Beverly Cooper Peggy Owen

Peter & Elek Owen

Ralph Parks

Robbyn & Suzanne Abedi

Robert Waldo

Ronnie Scott, Jr

Sam Johnson

Sharron & Rex Johnson **Shelly Fisher** 

Stephanie Wolf

Steve Crossnoe Stiles Rougeou

Susan Bedford

Suzzane Striker

Sweet Grass Attn: Chef Trimm

Tara Taylor

The Hub Automotive The Nail and Skin Bar

The Polish Bottle

Thomas Liberto Thomas Ratcliff

Tim L. Curry & Kathy M. Ladner Todd & Jennifer Green

**Tommy Davis** 

Tracie & Brian Smith Tracy Murrell

Whitney Jo

Walker Hurdle

Young Avenue Deli

### Trestle Tender (\$50 +)

Alan & Cathie Cline Amanda Davis & John Condon

Bill & Dianne Lloyd

**Brett & Sharon Ammons** Brian & Shannon Dixon

Buzz & Judi Shellabarger

Central BBQ

Chip Armstrong

Chris & Jill Kauker

Chris & Scarlett Cook Craig & Elizabeth Blondis

David & Carol Ciscel

Dr. Stephen R. Tower/ Memphis Animal Clinic

Edmund & See'Trail Mackey

Elisabeth Silverman Evelyn Paster

lake Williams

Frank & Sue Guarino Fred Wilson & Brian Pera

JK & Erica Whitehead Kismet Property Management,

11C Leslie Thompson & Mark Morrison

Marguerite Zeller Mark S. Rutledge Mike Parnell & Glenn Althoff

Morgan Rose Mulan Asian Bistro Randle Witherington

Robert B. Rolwing

Russell & Lelia Savory Shannon Maris & Drake Danley Steve Lockwood & Mary Durham Tommy & Carla Dennis Tura & Archie Wolfe Ty & John Browning

#### Other to note:

Bo Jordan

Carole Kelley

Cathy Allen

Eleanor Wooley

Samuel J. Pilgram

General Operating Fund Donors **Mavis Estes** Patricia Phillips Marcus Mitchell David and Kim Strickland Mike Parnell and Glenn Althoff **Evelyn Paster** David Sick Jake Williams Randle Witherington

#### **Facility Fund Donors**

Julianna Donahue and **Brad Christian** 

**LampLighter Donors** 

Mark Morrison and Leslie Thompson

Georgene Cachola

Margrethe Frank

## **Beautification Donors**

In Honor of Rich Bullington

**Rollin Kocsis** In Honor of Lurene and

Chris Kelley

In Memory of Betty Slack In Memory of Carol Ann Rockett and Doug Rockett

#### In Memory of Mr. and Mrs. C. W Vaughan

Benefactors

**Mavis Estes** 

Beverly Greene - in memoriam

Chris and Jill Kauker Jenni, Andrew, Elena, and

Cora Pappas June and Justin Hurt

Tura and Archie Wolfe **Doris Porter** 

Ellie the Basset Hound - In Honor

Beniamin Rednour

Glenn Althoff and Mike Parnell David Huey

Monte Morgan

Robin Marvel, former editor of

the LampLighter - In Honor Kristin B. Sullivan

Kim Halyak & Bill Schosser **Bob** Isgren

Blair and Brandy DeWeese Chip & Meredith Armstrong

Harry Freeman

Frank and Sue Guarino Laura Terry and Jim Brasher

**Emily and Steve Bishop** 

Chip Sneed



# Volunteer of the Year: Bryant Branch

The Cooper-Young Community Association awarded Bryant Branch with the Alexia Hampton Award as its 2013 Volunteer of the Year during a ceremony and volunteer party at Stone Soup Cafe in December. "He participates in almost every Cooper-Young fundraiser, including the 4 Miler, Beerfest and Art Auction," said executive director Kristan Huntley. "He has also come to cleanups and helped build a ramp for a resident."



Resident Santa Claus Paul Cooper helps out at a CYCA volunteer effort in December.

## Volunteer spotlight: Kim Halyak

By Renee Massey/CYCA

Resident Kim Halyak did her part to make Cooper-Young a more desirable place to live, worship, work, and play this December. She volunteered at both the Dec. 14 Membership Mailer Stuffing event, where volunteers stuff more than 1,500 envelopes for the annual membership renewal drive, and the Dec. 24 Christmas Bag Stuffing event, where neighbors build goodie bags for the Police and Fire Department emergency personnel who spend their holiday watching over the citizens of this special neighborhood. Here, Kim shares her reasons for volunteering and her love for the community.

Kim, how long have you lived in Cooper-Young? About eight years.

How long have you been volunteering for CYCA events? Off and on for six years.

What was your most recent CYCA volunteer event? I stuffed goodie bags for the police/firemen on Christmas Eve.

What other CYCA events, if any, have you volunteered for in the past? The Festival Friday 4-Miler run, delivering LampLighter, block captain a couple of years ago.

Any favorite events? I enjoy making the goodie bags for our neighborhood police/ firemen, packing bags for the 4-Miler runners, and then cheering them on.

What motivates you to volunteer at CYCA events? Cooper-Young is such an amazing neighborhood full of active, involved people who put their hearts and energies into making it such a great place to live. I want to do my part to keep that feeling going.

What are your favorite things about Cooper-Young? Walkability to all the shops, delicious restaurants, fun to people watch,



Kim Halyak, volunteering at a CYCA membership event in December.

the Cooper-Young festival, the July 4th children's parade, annual art auction.

What do you think makes Cooper-Young special? So many things ... the friendly neighbors from all walks of life, diverse points of view, numerous restaurants, bike lanes, artwork, musical venues, book store, the best arts and crafts festival in the city, the *Lamp-Lighter* newspaper, the energy and vibe that brings people from all over the city here for entertainment.

Join Kim and all the other interesting movers and shakers who work so hard to make life good in Cooper-Young. If you want to volunteer for the Cooper-Young Community Association, email volunteer@cooperyoung.org or call the CYCA offices at 901-272-CYCA(2922) and leave your name and number. Happy New Year, Cooper-Young!



Volunteers (from left) Leslie Thompson, Mark Morrison, Edward Greene, Liz Royer and Doris Porter joined Kim Halyak and others to stuff membership envelopes that were sent out to Cooper-Young residents at an event in December. You can make a difference in your community by volunteering, too.

### CY INSIDER'S GUIDE

SHOP LOCAL FIRST Since the first LampLighter issue in 1989, the number of businesses in the Cooper-Young community has grown tremendously. To keep you up to date on all that our neighborhood has to offer, we have once again compiled a business directory for 2014, with help from the Cooper-Young Business Association. This updated directory includes businesses located within the boundaries of Cooper-Young, as well as those outside that have supported the neighborhood in the past year. If we have left your business off the list or published wrong information, please email your corrections to lamplightereditor@gmail.com and we will run them in the next edition.

BUSINESS NAME	ADDRESS	PHONE	WEBSITE	CATEGORY
216-Bret at Decade Properties	P. O. Box 1690	901-216-2738	www.decadeproperties.com	Real estate
Absolute Property Management	2238 Central Avenue	901-274-5237	absolutepropertymanagement.com	Real estate
Albert Cook Plumbing Company	2101 Central Avenue	901-272-2507	www.albertcookplumbing.com	Home service
Alchemy	940 S. Cooper Street	901-726-4444	www.alchemymemphis.com	Restaurant
Allie Cat Arts	961 S. Cooper Street	901-722-0094	www.facebook.com/AllieCatArts	Retail/Art
Archer Records	1902 Nelson Avenue	NO LIST	www.archer-records.com	Music/Studio
Architectural Arts	749 South Cox Street	901-276-3806	www.thepalladiogroup.com	Retail/Antiques
Arthouse Memphis T-shirt Shop	706 South Cox Street	901-692-3069	www.arthouseclothing.com	Retail/Clothing
Autobahn Garage	2218 Central Avenue	901-276-6538	NONE	Auto
B & G Food Mart	1076 S. Cooper Street	901-274-3434	NONE	Food
B.B.'s Day Care Center	1073 S. Cooper Street	901-726-5514	NONE	Day Care
Ballet on Wheels Dance School	1015 S. Cooper Street	901-870-4348	www.balletonwheels.org	School/Arts
Bank of America	945 S. Cooper Street	901-725-8000	www.bankofamerica.com	Financial
Bar DKDC	964 S. Cooper	901-272-7111	NONE	Restaurant
basil bailey salon	802 S. Cooper Street	901-606-9415	NONE	Service
Beauty Shop Restaurant & Lounge	966 S. Cooper Street	901-272-7111	www.beautyshopmemphis.com	Restaurant
Black Lodge Video	831 S. Cooper Street	901-272-7744	NONE	Retail
Blueprint Specialities	2078 York Avenue	901-276-6912	www.blueprinters.com	Professional
Bluff City Sports	769 S. Cooper Street	901-274-2202	www.bluffcitysports.com	Manufacturing
Bratton Construction Inc.	921 S. Cooper Street	901-276-4514	NONE	Construction
Burke's Book Store	936 S. Cooper Street	901-278-7484	www.burkesbooks.com	Retail
Cadence Bank	1516 Union Avenue	901-729-2250	www.cadencebank.com	Financial
Cafe Ole' Restaurant	959 S. Cooper Street	901-274-1504	www.cafeolememphis.com	Restaurant
Cafe Palladio	2169 Central Avenue	901-278-0129	www.thepalladiogroup.com	Restaurant
Calming Influence Massage & Bodywork	74 N. Cooper Street	901-276-9423	www.calminfluence.com	Service
Carwile's Custom Cleaners	2178 Central Avenue	901-274-3815	NONE	Service
Cato Composting	895 S. Cooper Street #2	901-730-0080	www.catocomposting.com	Other
Celtic Crossing	903 S. Cooper Street	901-218-2783	www.celticcrossingmemphis.com	Restaurant
Central Animal Hospital	2192 Central Avenue	901-274-1444	www.midtownvet.com	Pet
Central Automotive	2189 Central Avenue	901-725-4766	www.centralautomemphis.com	Auto
Central BBQ	2249 Central Avenue	901-272-9377	www.cbqmemphis.com	Restaurant
Central Sales Company	2170 York Avenue	901-278-2251	www.cscmemphis.com	Other
Charm Boutique	2296 Young Avenue	901-725-0079	www.mycharmboutique.com	Retail
Christian Brothers University	650 East Parkway, South	901-321-3271	www.cbu.edu	School
City Wide Cab	800 S. McLean	901-722-8294	NONE	Service
Colours	881 S. Cooper Street	901-728-4646	NONE	Service
Commercial Roofing	692 S. Cox Street	901-729-4444	www.commercialroofingmidsouth.com	Service
CommTrans-Sully Corporation	792 S. Cooper Street	901-726-9394	www.commtrans.com	Manufacturing
Consignments	2300 Central Avenue	901-278-5909	NONE	Retail
Cooper Cottage Child Enrichment Center	845 S. Cooper Street	901-278-9624	NONE	Day Care
Cooper Dental Associates	1032 S. Cooper Street	901-276-5822	NONE	Medical
Cooper Street 20/20	800 S. Cooper Street	901-871-6879	www.cooperstreet2020.com	Restaurant/Retail
Cooper Young Business Association	2120 Young Avenue	901-276-7222	www.cooperyoung.biz	Nonprofit
Cooper Young Community Assoc.	2298 Young Avenue	901-272-2922	www.cooperyoung.org	Nonprofit
Cooper Young Community Farmers Market	1000 S. Cooper Street	901-725-2221	www.cycfarmersmarket.org	Retail/Nonprofit

### CY INSIDER'S GUIDE

BUSINESS NAME	ADDRESS	PHONE	WEBSITE	CATEGORY
CoWork Memphis	902 S. Cooper Street	901-505-0675	www.coworkmemphis.com	Professional
David Perry Smith Gallery	703 New York	901-347-3541	www.davidperrysmithgallery.com	Art
DeHoney Interiors	649 Philadelphia	901-728-4444	NONE	Service
Divine Temple Church of God in Christ	1915 Young Avenue	901-278-6484	NONE	Church
Dogs Rule Daycare & School	2265 Central Avenue	901-276-3210	www.dogsrulememphis.com	Pet
Dueling Dragons - School of Fencing	1000 S. Cooper Street	901-355-9638	NONE	Fitness
East Parkway BP	943 E. Parkway	901-761-4444	NONE	Convenience
Edward S. Patterson Insurance Agency	684 S. Cox Street		NONE	Financial
EnriQue's Auto Service	1037 E. Parkway S.	901-722-3500	NONE	Auto
Financial Trust Insurance Agency	866 S. Cooper Street, Ste. #9	901-278-1728	NONE	Financial
First Congregational Church	1000 S. Cooper Street	901-278-6786	www.firstcongo.com	Church
Flashback, Inc.	2304 Central Avenue	901-272-2304	www.flashbackmemphis.com	Retail
Fred Remmer's Rug Cleaners &			·	
Oriental Rug Gallery	2186 Central Avenue	901-278-3704	www.fredremmersrugcleaners.com	Retail/Service
Gallery Fifty Six	2256 Central Avenue	901-276-1251	www.galleryfiftysix.com	Art
Gary's Antiques	2158 Central Avenue	901-276-0089	NONE	Retail/Antiques
Glennys Cowles Designs	852 S. Cooper Street	901-207-7926	www.studiogcd.com	Service
Global Goods	1000 S. Cooper Street		NONE	Retail
God's Little Angels	1041 S. Cooper Street	901-552-4558	NONE	Day Care
Goner Records	2152 Young Avenue	901-722-0095	www.goner-records.com	Music/Retail
Graham's Lighting Warehouse	2025 York Avenue		NONE	Retail
Greencork	2156 Young Avenue	901-207-5281	www.greencorkwine.com	Restaurant
Greg Kemp, DDS	266 S. Cleveland #103	901-725-1425	www.gregkempdds.com	Medical
Haizlip Studio LLC	2125 Central Avenue	901-527-3866	www.haizlipstudio.com	Professional
Halford Loudspeakers	2160 Young Avenue	901-207-6884	www.halfordloudspeakers.com	Retail/Music
Happy Hocker Pawnshop	975 East Parkway	901-276-7350	NONE	Retail
Heartbeat Productions	832 S. Cooper Street	901-278-0138	www.heartbeatproductions.com	Music/Productio
High Electric Company	712 S. Cox Street	901-726-6429	NONE	Service
House of Mews	933 S. Cooper Street	901-272-3777	www.houseofmews.com	Pet
Howard's Heating / Property Mgmt	1031 S. Cooper Street	901-725-9070	NONE	Service/Other
Huey's Restaurant	1910 Madison Avenue	901-726-9393	www.hueyburger.com	Restaurant
Iberia Bank	4894 Poplar Avenue	901-757-7174	www.iberiabank.com	Financial
Imagine Vegan Café	2299 Young Avenue	901-654-3455		Restaurant
In City Realty	2298 Young Avenue	901-359-6600	www.incityrealty.com	Real Estate
Inbalance Fitness, LLC	794 S. Cooper Street	901-272-2205	www.inbalancefitness.com	Fitness
Ivy's Antiques & Interiors	2266 Central Avenue	901-276-9912	NONE	Retail/Antiques
Jasmine Thai & Vegetarian Restaurant	916 S. Cooper Street	901-725-0223	NONE	Restaurant
Java Cabana	2170 Young Avenue	901-272-7210	www.javacabanacoffeehouse.com	Restaurant
Jay Etkin Art Gallery	942 S. Cooper Street			Art
Just for Little People	2260 Central Avenue	901-729-2825	NONE	Day Care
Kindred Spirit Style	2172 Young Avenue	901-466-0322	www.kindredspiritstyle.com	Retail
Kismet Property Management, LLC	895 South Cooper Street	901-692-9317	www.kismetproperties.com	Real Estate
Langford Market	2155 Central Avenue	901-274-4071	www.langfordmarket.com	Retail
LaShawn's Around the Clock Learning	826 S. Cooper Street	826 S. Cooper Street	901-272-1800	School
Loaded for Bear	2259 Young Avenue, #101	901-347-3351	www.weareloadedforbear.com	Professional
Loudean's	2174 Young Avenue	901-722-9681	NONE	Retail
Lowenstein House, Inc.	821 S. Barksdale Street	901-274-5486	www.orgsites.com/tn/lowensteinhouse/	
Mapco Express - Number 3261	2142 Central Avenue	901-274-6928	www.mapcoexpress.com	Convenience
Market Central	2215 Central Avenue	901-276-3809	www.thepalladiogroup.com	Retail/Antiques
McGhee Crane Service	781 Meda Street	901-276-6365	www.mcgheecrane.com	Service
Me and Mrs. Jones	889 S. Cooper Street	901-494-8786	www.mrsjonespaintedfinishes.com	Retail/Art
	33 / 3. 330per 3trast	, 5, 7,7 0,00		recard at

### 

BUSINESS NAME	ADDRESS	PHONE	WEBSITE	CATEGORY
Memphis Animal Clinic	733 East Parkway	901-272-7411	www.memphisanimalclinic.com	Pet
Memphis Drum Shop	878 S. Cooper Street	901-276-2328	www.memphisdrumshop.com	Retail/Music
Memphis Federation of Musicians	2282 Young Avenue	901-272-1746	www.memphismusicpros.org	Other
Memphis Fitness Kickboxing, LLC	2183 Young Avenue	901-355-8091		Fitness
Memphis Gay & Lesbian Community Center	892 S. Cooper Street	901-278-6422	www.mglcc.org	Nonprofit
Memphis Goodwill, Inc.	2235 Central Avenue	901-323-6221	www.goodwillmemphis.org	Other/Nonprofit
Memphis Made Brewing Company	768 S. Cooper Street	901-238-8421	www.memphismadebrewing.com	Manufacturing
Memphis Mean Time	917 S. Cooper Street	901-323-3700	NONE	Retail/Service
Memphis Metal Manufacturing Company	795 Tanglewood Street	901-276-6363	www.memphis-metal.com	Manufacturing
Memphis Records LLC	2258 Young Avenue	901-726-6633	www.youngavenuesound.com	Music/Production
Memphis Waterworks	741 S. Cox Street	901-276-3806	www.thepalladiogroup.com	Retail/Service
Mid-town Acupuncture & Natural Apothecary	917 S. Cooper Street	901-272-2600	www.midtown-acupuncture.com	Service
Midtown Auto Werks	795 S. Cooper Street	901-726-0006	www.midtownautowerks.com	Auto
Midtown Chocolate Design Studio & Boutique	798 S. Cooper Street	901-258-7274	www.phillipashley.com	Retail
Midtown Market	836 S. Cooper Street	901-726-1706	NONE	Convenience
Midtown Martial Arts (ATA)	2166 Central Avenue	901-725-7725	www.midtownata.com	Fitness
Midtown Massage & Bodywork	885 S. Cooper Street	901-596-3838	www.midtown-massage.com	Service
Midtown Music and Sadhana Sound Studios	2272 Central Avenue	901-274-7277	www.midtownmusicshop.com	Music/Retail/Prod.
Midtown Yoga Too	816 S. Cooper Street	901-274-6355	www.midtownyogamemphis.com	Fitness
Milem, David W., Consulting Engineer	2142 Nelson Avenue	901-278-8088	NONE	Professional
Miss BeNea's House of Fashion	1024 S. Cooper Street			Retail
Mulan Bistro	2149 Young Avenue	901-347-3979	www.mulanbistro.net	Restaurant
Music for Aardvarks	1000 S. Cooper Street	901-833-1138	www.memphisaardvarks.com	Child
National Economy Plumbers	2114 Southern Avenue	901-278-4242	www.nationaleconomyplumbers.com	Service
Natural Learning School	1992 Nelson Avenue	901-355-5034	www.naturallearningschool.com	Child
New Ballet Ensemble	2157 York Avenue	901-726-9225	www.newballet.org	Art
Palladio Group	2169 Central Avenue	901-276-3801	www.thepalladiogroup.com	Retail
Palmer Brothers, Inc.	841 S. Cooper Street	901-726-1674	www.palmerbrothers.com	Real Estate
Party Concepts	2197 Central Avenue	901-276-7368	www.partyconcepts.net	Service
Patterson, Mary - Interior Designer	2228 Central Avenue	901-628-9652	NONE	Service
Peridot	944 S. Cooper Street	901-276-3999	www.peridotmemphis.com	Retail
Personal Image	1023 S. Cooper Street	901-274-7261	NONE	Service
Pilgrim Center, Counseling for Living	1000 S. Cooper Street	901-844-4357	www.firstcongo.com	Service
Playback Memphis	1000 S. Cooper Street		www.playbackmemphis.com	Nonprofit
Prestige Tutors	895 S. Cooper Street, Suite 3	901-274-8880	www.prestigetutors.com	Service
Pronto Pup	750 S. Cox Street	901-272-7877	www.aprontol@aol.com	Service
Pruitt, Lee Interior Design	2259 Central Avenue	901-274-9184	www.leepruitt.com	Professional
Ralph Edmund Investments	2018 Walker Avenue	901-289-4104	NONE	Financial
Ray Rico Freelance	2294 Young Avenue	901-800-1172	www.rayricofreelance.com	Professional
Re: Collections	1031 S. Cooper Street			Retail
Red Robin's Academy	1000 S. Cooper Street	901-272-2736	www.redrobinsacademy.com	Child
Revolution Bike Co-Op	1000 S. Cooper Street		revolutionsmemphis.wordpress.com	Service/Nonprofit
Rincon and Associates	917 S. Cooper Street	901-413-6893		Professional
Roen, Leah J Attorney at Law	895 South Cooper Street	901-473-1710	NONE	Professional
Rosie Janes	895 S. Cooper Street, Suite 2	901-730-0080	www.rosiejanes.com	Retail
RSVP Magazine	2282 Central Avenue	901-276-7787	www.rsvpmemphis.com	Publishing
Rug & Roll	2186 Central Avenue	901-725-0562	www.rugandroll.com	Retail
Sally's Hair Gallery	898 S. Cooper Street	901-725-9831	NONE	Salon
Schwartz Electric Co.	682 S. Cox Street	901-725-7787	facebook.com/Jay-Schwartz-Electric/	Service
Second Hand Rose East	2288 Central Avenue	901-278-3500	www.2hrantiques.com	Retail/Antiques

### CY INSIDER'S GUIDE -

BUSINESS NAME	ADDRESS	PHONE	WEBSITE	CATEGORY
ServoGroup, LLC	1624 Union	901-217-0726	facebook.com/pages/Servo-Group	Other
Shenanigans Home Décor	2162 Young Avenue	901-272-2289	www.facebook.com/Shenanigans	Retail
Show & Tell Hair Designs	1034 S. Cooper Street	901-276-9853	NONE	Salon
SignWorks	792 S. Cooper Street	901-726-9394	www.signworksmemphis.com	Service/Manufac.
Sonic Delivery Inc.	2208 Central Avenue	901-272-3119	www.sonicdeliveryinc.com	Professional
Soul Fish Café	862 S. Cooper Street	901-725-0722	www.soulfishcafe.com	Restaurant
Southern Textile & Supply	871 S. Cooper Street	901-726-4500	NONE	Retail
State Farm Insurance	848 S. Cooper Street	901-725-1919	www.stevewomackagency.com	Financial
Steel and Roof Structures, Inc.	2074 York Avenue	901-278-3283	NONE	Manufacturing
Stone Soup Café	993 S. Cooper Street	901-922-5314	www.stonesoupcafememphis.com	Restaurant
Stovall, Glen Properties	P. O. Box 22014	901-579-2291	NONE	Real Estate
Sunshine Car Wash	2325 Young Avenue		NONE	Service
Sweet Grass & Next Door	937 S. Cooper Street	901-278-0278	www.sweetgrassmemphis.com	Restaurant
Synesus	895 S. Cooper Street, Suite 2	901-730-0080	www.synesusllc.com	Professional
Tart Bakery	820 S. Cooper Street	901-674-8277	www.tartbakery.com	Restaurant
Technical Support Systems, LLC	2232 Central Avenue	901-398-5908	www.techsupportsys.com	Professional
Terminix	685 South Cox	901-721-8174	www.terminix.com	Service
The Art Factory	777 South Cox		www.thepalladiogroup.com	Art/Other
The Growler	921 S. Cooper Street	901-606-9690		Restaurant
The Hub Automotive	2200 York Avenue	901-725-1352	www.hubautomotive.net	Auto
The Polish Bottle	2163 Young Avenue	901-272-0920	www.facebook.con/thepolishbottle/	Service
The Wing Factory	1806 Lamar Avenue	901-207-3069	www.thewingfactorymidtown.com	Restaurant
Toad Hall Antiques	2129 Central Avenue	901-726-0755	www.toadhallmemphis.com	Retail/Antique
Toof Commercial Printing	670 South Cooper Street	901-274-4669	www.toofprinting.com	Service/Manufac.
True Story Pictures	1000 S. Cooper Street	901-274-9092	www.truestorymemphis.org	Art/Production
Tsunami	928 S. Cooper Street	901-274-2556	www.tsunamimemphis.com	Restaurant
Underground Art	2287 Young Avenue	901-272-1864	www.makingmommaproud.com	Service
Up Off Gymnastics	1000 S. Cooper Street	901-452-1939	NONE	Fitness
Urban Outfitters	2151 Central Avenue	272-2117	www.urbanoutfitters.com	Retail/Clothing
Voices of the South / Theater South	1000 S. Cooper Street	901-726-0800	www.voicesofthesouth.org	Theater
WaterWorks	741 South Cox Street	901-276-3806	www.thepalladiogroup.com	Retail/Garden
Waterworks Annex	2231 Central Avenue	901-276-3806	www.thepalladiogroup.com	Retail
Well Child	650 New York	901-728-5858	www.wellchild.com	Health
Wilson-Babb Upholstery Company	981 S. Cooper Street	901-276-6222	www.facebook.com/Wilson-Babb- Upholstery/	Service
Wish	2157 Central Avenue	901-274-4071		Retail/Clothing
Women's Media	1000 S. Cooper Street		NONE	
Xanadu Music and Books	2200 Central Avenue	901-274-9885		Retail/Music
Young Avenue Deli	2119 Young Avenue	901-278-0034	www.youngavenuedeli.com	Restaurant
Young Avenue Glassworks	906 S. Cooper Street	901-272-2277	www.youngavenueglassworks.com	Retail
hore commendades	23 22 23 24 24 24 24 24 24 24 24 24 24 24 24 24		, 3	





It's more common than you think...

- About 50% of people will experience a traumatic event in their life.
- About 8% of people will develop PTSD

Dr. Valerie Arnold and the team at CNS Healthcare are conducting research for people who may have PTSD. Those who take part will receive medication and study-related care at no cost.

Schedule a confidential consultation today.

901-843-1045

www.cnshealthcare.com



## Holiday wreaths placed on Peabody

By Mary Baker

For the first time this year, a group of neighbors in Idlewild Neighborhood Association decorated our post top light standards on Peabody Avenue between Rembert Street and Cooper Street with holiday wreaths. Central Gardens Neighborhood has been hanging wreaths along Peabody Avenue for many years, but they stop at their eastern neighborhood boundary, which is Rembert Street.

This year Idlewild Neighborhood residents picked up where Central Gardens ends, extending holiday wreaths from Rembert Street to Cooper Street. We are very proud of extending the beautiful holiday wreaths along Peabody Avenue. It is a great demonstration of how much we love Idlewild and want to make it beautiful.

We were assisted by Brent Kernodle and Cindy McBrayer of Central Gardens. Brent and Cindy shared their expertise about where to buy the holiday wreaths and the cable ties we needed to get prepared to hang our wreaths, and told us what size ladders we would need to hang the wreaths. We really appreciate our neighbors for their invaluable assistance.

The wreaths look so beautiful. I hope Idlewild residents and all of our visitors enjoy having our section of Peabody Avenue decorated for the holidays.

This was the last activity of Idlewild Neighborhood Association for 2013. It marks a beautiful conclusion to our year. This year we have



maintained the planting bed around the Solar System sculpture in Peabody Park; planted new shrubs in the planting bed; awarded yard of the month to Idlewild residents during the gardening season and awarded a Halloween contest winner.

Many Idlewild residents have joined INA this year. We would love to have many more join in 2014. There are so many things we could accomplish if we all join together. Thanks to everyone who is a member of Idlewild and to Central Gardens members who helped us hang our first holiday wreaths.



#### Steven M Womack, Agent 848 South Cooper Street Memphis, TN 38104 Bus: 901-725-1919 steve@stevewomackagency.com www.stevewomackagency.com

## That's baby talk for, "Do you have life insurance?"

As your family grows, so do your reasons for protecting them. Get the right life insurance and peace of mind. Like a good neighbor, State Farm is there.®



State Farm Life Insurance Company (Not licensed in MA, NY or WI)
State Farm Life and Accident Assurance Company (Licensed in NY and WI)
Bloomington, IL

# PREACHING TEACHING HEALING



Sunday Worship 10:50am

The Way Fridays 6:00pm

1207 Peabody Avenue (corner of Peabody and Bellevue) 901-726-4104 • www.stjohnsmidtown.org

# Give Your Sweetheart A Valentine They Won't Forget!

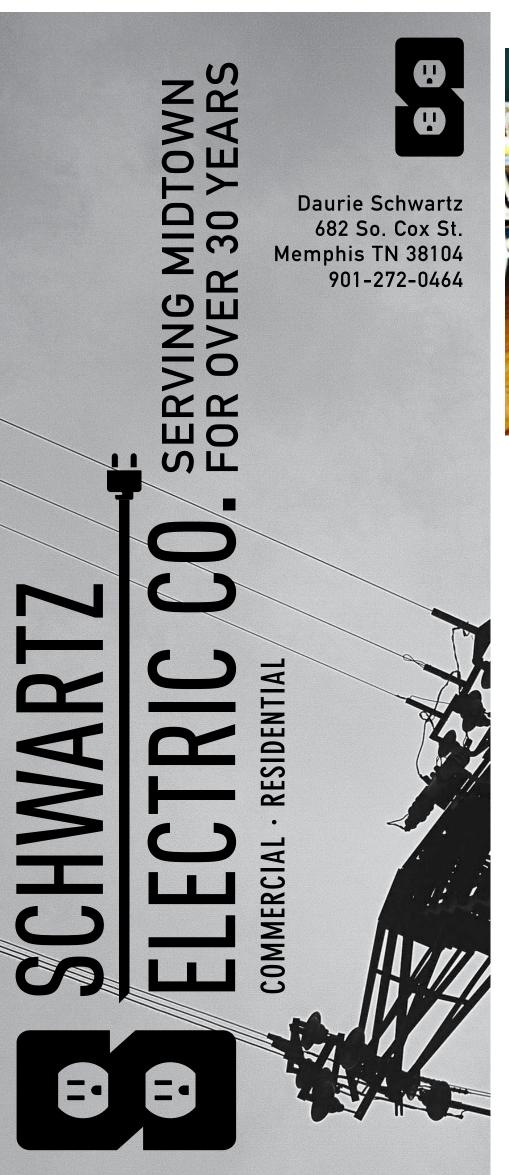
# A Singing Valentine

Delivered by a Barbershop Quartet singing a love song, with a rose and a personalized card. At work, at home, your favorite restaurant or place of your choice.

## **All for just \$50.00**

February 13th, 14th & 15th
For Information and Orders Call
(901) 466-6516 or Go To:
www.MemphisMenOfHarmony.com

Price shown is for delivery within a 4 hour time window. More definite time limits available at a slightly higher charge.





# Imperial Bowling's lanes making memories in Java Cabana home

Cooper-Young's Coffeehouse has a new floor, and not just any floor.

Like most poets, I get a lot of crazy ideas in my head, and there's just not enough room for them all. So sometimes I dismiss a few. But this idea made me restless and wouldn't go away. From the beginning, I dreamed of having a hardwood floor at Java Cabana, but it never seemed feasible.

As a small business owner, I took words of wisdom to heart from the previous owner when I bought the café in 1998, "If it's not broke, don't fix it." Besides, the idea of pulling up a floor that had been worn by twenty years of passerbys and committed patrons seemed a bit sad.

Admittedly though, over the years, there were caffeine-induced conversations about affordable ways to put in hardwood, maybe a Kickstarter, maybe one wooden square at a time. After all those cups of coffee, now Java Cabana has a floor made of reclaimed heart pine wood from Imperial Bowling Lanes. Isn't that just dreamy! Every week it seems someone new comes in and tells me how they use to bowl at Imperial Bowling Lanes, or that they learned as a child to bowl at Imperial Bowling Lanes! When I hear people's stories, it makes me realize how a place can hold onto memories for us.

When I was at the Best of Memphis Flyer party last year held at the old bowling alley, it was like a little voice whispered in my ear, Wouldn't those lanes make a great floor for Java. Who knows really where an idea comes from; maybe this one came from all those



By Mary J. Burns

memories held in that place that didn't want to fade away. I am grateful I was listening.

I have to tell you, it was certainly an undertaking to pull up gutters, strip away synthetic surfaces to get

to the original wood, to then cut, haul, and lift eighteen panels that were over 300 lbs and 2 inches thick each. There were many obstacles. Lots of dust. A smashed finger nail. Possibly some cussing. But mostly, hard work from loyal customers and dedicated friends: Mark Allen, Tim Allen, Robert Belanger, Bret James, Larry Stanley, Tony Steinberg, Jessica Puckett, Nicole Calhoun, Michael Allen, Andrzej Dabrowski, Roger Collis, Jack Armstrong, Brandon Goldsmith, Bobby Munns, and more. Amazing what a community can do together, whether it's building a future or salvaging a bit of history.

Perhaps some things are meant to be, like the tradition, something old and something new. The bowling lanes were laid on top of the old Java floor. The lanes have brightened the café and found their new home. It is beautiful; the history, the bowling ball dents, and the soul of it are there for us to remember. Now it's about time for a cup of coffee.

Mary J. Burns is the owner of Java Cabana in Cooper-Young.

## Volume 8: Best of the 'Best Of' lists for fiction, film, music



By Corey Mesler

' ... At the end of the year I make my Best-of lists. Why? Because I am a List-Making Man. Other men rebuild cars, reinsulate their homes, play in a rock and roll band, proselytize for their saviors, are stunt-drivers or spelunkers or DJs. I am a List-Making Man.

Welcome to 2014. Will it be better or worse than 2013? Who can tell? But one thing never changes: the pleasures of a good book. Right? And it's time to do some list-making, some reassessing, some defining, some pontificating.

About my Year-End Big Classic: At the end/beginning of each year I read one **BIG** classic novel that I've overlooked in my long reading life. It's a tradition dating back centuries and it is received at our house with the greatest of anticipation, something like waiting to hear who's been chosen Pope. The idea is to slow myself down amid the ruckus of the holiday season and take

the time to immerse myself in something long and time-honored. And, of course, to fill some of those yawning gaps in my reading.

This year I have chosen Ford Madox Ford's Parade's End. At 906 pages in the beautiful Everyman's Library copy I own, it certainly fits the bill of being BIG. And considering how much I loved Ford's The Good Soldier I am looking forward to diving into the deep end of this one. Previous winners in the Year's End Sweepstakes: last year's was Don Quixote. Before that: Theodore Dreiser's An American Tragedy, Gulliver's Travels, W. Somerset Maugham's Of Human Bondage, Nabokov's Ada, or Ardor, and T. H White's The Once and Future King. How do I rate these as good choices? Maugham was better than I had dreamed it would be, Nabokov never fails me, Don Quixote and Gulliver's Travels were more delightful than I had been lead to believe; and White and Dreiser were disappointments.

Also, at the end of the year I make my Best-of lists. Why? Because I am a List-Making Man. Other men rebuild cars, reinsulate their homes, play in a rock and roll band, proselytize for their saviors, are stunt-drivers or spelunkers or DJs. I am a List-Making Man.

So, here, in no particular order, are my Best Books of 2013 (published in or near the year): Robert Littell's Young Philby, The John Lennon Letters, Cary Holladay's Horse People, James Salter's All That Is, Sylvie Simmon's I'm Your Man: The Life of Leonard Cohen, Robert Boswell's Tumbledown,

Frank Bidart's Metaphysical Dog, Kurt Vonnegut's Letters, Nicholson Baker's Traveling Sprinkler, Herman Koch's The Dinner and Thomas Pynchon's Bleeding Edge.

And now, the best books I read in 2013, regardless of when they were published: Don Quixote, Edward St Aubyn's "Patrick Melrose Novels," James Salter's All That Is, Jonathan Swift's Gulliver's Travels, Aldous Huxley's After Many a Summer Dies the Swan, Frank Bidart's Metaphysical Dog, Adolfo Bioy Casares' The Invention of Morel, Dante's Divine Comedy (Robin Kirkpatrick, trans.), John Berryman's Henry's Fate, Anthony Powell's Books Do Furnish a Room, Fernando Pessoa's The Book of Disquiet, Sharon Olds' Satan Says, Vonnegut's Letters, Virginia Woolf's A Writer's Diary, W. S. Merwin's Finding the Islands and Thomas Pynchon's Bleeding Edge.

And then, just for kicks and giggles, here are my other best of lists for 2013:

Top movies I saw (regardless of release date): The Ascent (Shepitko), Life of Oharu (Mizoguchi), My Dog Tulip (Fierlinger/Fierlinger), Bubble (Soderbergh), the entire DVD set: The Complete Pierre Etaix, Tampopo (Itami), In Darkness (Holland), Lovers on the Bridge (Carax), Holy Motors (Carax), Gervaise (Clement), Le Notti Bianche (Visconti), Before Midnight (Linklater), Last Holiday (Cass), The Bothersome Man (Lien), Hamlet (Kozintsev), Amour (Haneke), Frances Ha (Baumbach) and Hitler's Children (Ze'evi).

And my Top cds of 2013 (I believe all these were released in 2013): Chuck Prophet's Temple Beautiful, David Bowie's The Next Day, They Might be Giants' Nanobots, the wonderful 4-cd set Chimes of Freedom: The Songs of Bob Dylan (worth the price for Patti Smith's 'Drifter's Escape' alone), Jessica Haeckel's Gemiinii Riisiing, Jethro Tull's Nothing is Easy: Live at the Isle of Wight, Stephen Stills' box set, Carry On, The Oblivians' Desperation, Valerie June's Pushing Against a Stone, Elvis Costello's Wise Up Ghost, Rob Jungklas' The Spirit and the Spine, and John Kilzer's Seven.

That's it for me. Buy and read more books this year. Keep the collective soul alive.

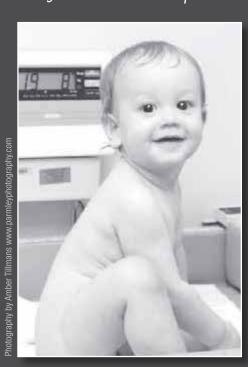
Oh, and I am reading Georges Simenon's The Engagement.

And, as always, I'd love to hear from you: coreyjmesler@gmail.com

Corey Mesler is the owner of Burkes Book Store in Cooper-Young.

## Dr. Allison Stiles, FAAP

Intelligent Medicine and Compassionate Care for the Entire Family



Located in the Methodist University Medical Arts Building

Free parking in the attached parking garage. (Garage entrance on Linden Ave.)

Internal Medicine and Pediatrics 1325 Eastmoreland Ave. • Suite 585 (901)276-0249 • WWW.MEMPHIS-MEDPEDS.COM



2298 Young Ave Memphis TN 38104 901.214.5838

For more info on these and others call, email or text...

## Debbie Sowell

ebbie@debbiesowell.com 901.359.6600

Working with buyers and sellers.



2299 Nelson \$259,000 4 Bed / 3 Bath pdated throughout, double pane windows, fresh paint,

652 Dickinson \$132,000 3 BR/ 1 BA Beautiful wood work: Tankless HWT: New ext paint.





1200 Hayne \$169,900 Large lot; exterior recently painted; new roof & new windows.

2280 Elzev \$139,000 Cooper Young! 3 Bed/ 1 Bath Great street off Parkway; walk to Kroc; cool details!



# Memphis Kriya Yoga center to host teaching session March 7-9

The most ancient form of Yoga, Kriya Yoga is the original method referenced in many of the Hindu sacred texts such as the Upanishads, Yoga Sutras etc. Lost for centuries, the technique was reintroduced to society in 1861 by the elusive and mysterious Mahavatar Babaji, through his disciple, Shri Shymacharan Lahiri Mahasaya. It has since been carefully and lovingly passed down through a lineage of divine masters.

Kriya is a compound word comprised of "Kri", or "Action", and "Ya", or "Divine." When combined with "Yoga", or "Union", Kriya Yoga translates to "Union with the Divine in every action."

Its practice consists of a series of spinal exercises and simple breathing techniques that brings the aspirant to divine union with God. It is said that such a connection with the divine lives within all beings, yet it is only through spiritual practice that one may realize it. Kriya Yoga is that practice.

But its rewards are not confined to the spiritual realm. Divine qualities of a calm and worry-free mind, patience and mental endurance are accompanied by scientifically-based benefits, such as a detoxified system resulting from more oxygenated blood and a higher functioning of internal organs through special massaging portions of the practice. In addition, an elevated level of both physical and physiological beauty is enjoyed as well.

Kriya Yoga is a universal spiritual discipline that crosses all divisions and boundaries. This divinely manifested technique belongs to no religion, no sect, or denomination and is completely open for anyone and everyone in the world to practice and reap its immense

## Kriya Yoga – The ancient science of breath & meditation

Classes in Memphis from March 7-9 at Delta Groove Yoga, 2091 Madison in Overton Square.

Registration, contact: Balaji at 901-286-2325 or email info@memphis.kriya.org. Please visit www.kriya.org for more information on Kriya Yoga.

rewards. It is a simple technique that causes no hardship, requires no austerities, and is well suited to all walks of life.

This sacred practice, however, is only passed down directly from master or teacher to the aspiring student. It cannot be learned through any books or written documents and is born from an initiation that has adhered to the same exacting standards since the divine technique was brought back to us over 150 years ago.

#### **Memphis Kriya Yoga Initiations**

Memphis Kriya Yoga Center humbly holds learning programs twice per year, followed by initiations for those who would like to benefit from this ancient method of living and meditation that simultaneously cultivates body, mind, intellect, and awareness of the divine.

Our Next Kriya Yoga Initiation will be on the weekend of March 7 with an introductory lecture followed by two days of initiation and teachings of Kriya Yoga. If you would like to learn more about Kriya Yoga or how to take part in any of our upcoming initiations, please feel free to reach out to us at anytime.

- Submitted

the ancient science of breath and meditation



Kriya Yoga is the universal spiritual discipline that crosses all boundaries to cultivate body, mind and awareness of the soul. Please join us in February and March to learn more about, as well as experience, this sacred practice.

## introductory presentation february 21st, 2014

7.00 - 8:30pm

DVD presentation of a talk given by Paramahamsa Prajnanananda followed by a light vegitarian dinner.

### workshop march 7th - 9th, 2014

fri. 6pm - 8.30pm | sat. 8am - 12pm & 5pm - 8pm sun. 9am - 12pm & 5pm - 8pm learn & experience Kriya Yoga

### registration contacts

Balaji (901) 286-2325 or Julia (901) 826-6432 info@memphis.kriya.org

www.kriya.org

taught under the lineage of the realized masters

















partner and location of the events



2091 madison ave memphis 38104

Delta Grove yoga

True Story:

Love one another. It's that simple.

First Congregational Church

He's Jewish. She's Catholic.

> In Sunday School, their daughter learns that God loves all of them.

www.firstcongo.com Phone 901.278.6786 1000 South Cooper Memphis, TN 38104

Sunday worship 10:30a

#### From the Kitchen of Kathy Katz, Cooper Street 20/20

#### Cauliflower and Mushroom Soup

- 4 tsp extra virgin olive oil, divided
- ¾ cup thinly sliced leek, white and light green parts only
- ½ tsp kosher salt, divided
- 4 cups coarsely chopped cauliflower florets
- 1 ½ cups unsalted chicken stock, divided
- 34 cup wate
- 2 tsp chopped fresh thyme
- ¼ cup 2% reduced fat milk
- 1 ½ tsp butter
- ¼ tsp white pepper
- 1 package mushroom (of choice) caps
- 1 tsp lower sodium Worcestershire sauce
- 1 tsp sherry vinegar
- 2 tsp chopped fresh parsley



Heat a large saucepan over high heat. Add 2 tsp oil to pan and sauté leek 1 minute. Add 1/8 teaspoon salt. Cover, reduce to low and cook 5 minutes. Add cauliflower, 1 cup and 6 tablespoons stock, water and thyme. Bring to a boil; cover, reduce heat and simmer 7 minutes. Place cauliflower in blender and blend until smooth. Return to saucepan. Stir in remaining salt, milk, butter and pepper. Keep warm.

Thinly slice mushrooms. Heat a large skillet over medium-high heat. Add remaining 2 teaspoons oil to pan and sauté mushrooms 6 minutes. Add remaining stock, Worcestershire sauce and sherry vinegar. Cook 1 minute or until liquid is reduced and syrupy.

Spoon about 1 cup soup into each of 4 bowls and top each serving with about 2 tablespoons mushroom mixture.

Cooper Street 20/20 is located at 800 S. Cooper Street.

## Farm to Table conference coming to CBU

The fourth annual Mid-South Farm to Table Conference will be held Feb. 4 at Christian Brothers University. The conference is designed to provide a forum for farmers, consumers, entrepreneurs and other interested groups to discuss ideas for developing the local food system of Memphis and the Mid-South.

Founded in 2011, The Mid-South Farm to Table Conference was established with the vision that a thriving local food system will strengthen farmer livelihoods by connecting more farmers to local consumers; will improve access to fresh produce and increase healthy food consumption; and will stimulate economic development and job creation in the region.

This year the conference will include a set of panels designed specifically for farmers, including farm profitability and mushroom cultivation as well as sessions on the great work being done to increase food access in Memphis' poorest neighborhoods. Additionally, a group of "urban homesteaders" will discuss things you can do in your own backyard, while academics and theologians will discuss the work being done around food by universities and churches.

Two plenary sessions anchor the conference. Nat Turner will discuss growing food in New Orleans' Lower 9th Ward as part of his project "Our School at Blair Grocery," while chef Miles McMath will present how he has not only integrated local food into the cafeteria at St.

Jude, but also his personal passion for raising and growing his own animals and crops.

Now in its fourth year, the conference began in 2011 as a simple gathering of farmers, foodies, chefs, and community advocates determined to find a way to build a more robust local food system. Four years later the conference has become an integral annual event for anyone involved with or interested in local food. The growth in the conference in just four years is a testament to how entrenched local food has become in Memphis.

"Four years ago, Mary Phillips (conference committee member) basically invited as many farmers, chefs, and gardeners as she knew to sit down and brainstorm ways that they could work together to make Memphis a better place through food," reflects Chris Peterson, executive director of GrowMemphis and committee member for the conference. "Now, we've got the eyes and ears of government officials and regional partners, which shows just how seriously Memphis has started to take food."

Registration fee is \$25, which includes breakfast, lunch, and evening reception. Visit www.brownpapertickets.com/event/537671to purchase tickets. Students can contact Sean MacInnes (smacinne@cbu.edu) for a special rate.

Find out more at http://midsouthfarmto-table.wordpress.com/

- Submitted

## Get your chili cooking for annual Peabody Elementary cook-off

By Josh Spickler

It's chili weather again! It's February, and that means it's time for the Seventh Annual Cooper-Young/Peabody PTA Chili Cook-off!

If you cook, find your best recipe. If you taste, grab five bucks, stretch out your taste buds and meet us at noon on Feb. 8.

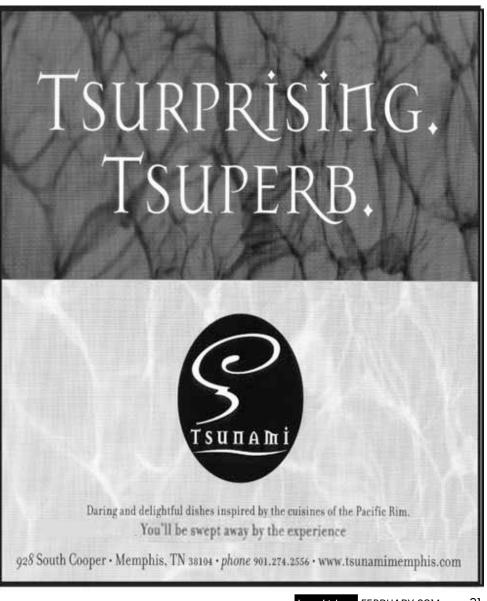
Over the past six years, we've raised close to \$10,000 toward beautification on and around the Peabody Elementary campus. We've installed new play equipment, new landscaping, fresh paint and other exterior improvements that help Peabody and Cooper-Young shine for visitors and residents alike.

We've got returning celebrity judges and some new Cooper-Young faces as well. You won't believe who will agree to sit on a school stage for an hour and half and taste chili! This year we welcome the guys from Memphis Made Brewing to the stage to join the FedExForum voice of the Grizzlies and Peabody parent, Rick Trotter; award-winning chef and owner of Sweet Grass, Ryan Trimm; and Shelby County Schools' director of nutrition services and star of Cafeteria Man, Tony Geraci.

So, in just a few short days, no matter the weather, there will be lots of hot, delicious chili available for your consumption in the Peabody Elementary Cafetorium. And, despite what our moms taught us, we're going to judge. Our distinguished panel of judges will give awards in the following categories: Judges' Choice, People's Choice, Best Vegetarian, Best Hot and NEW Wild Card category (To qualify for Wild Card, tell us in two sentences what makes your chili special, e.g. local ingredient, kid-cooked, family recipe, school garden ingredient, etc.)

Soak those beans, brown that beef, plug in that Crock-Pot and meet us at Peabody Elementary on Saturday, Feb. 8 at high noon to see who takes home the prizes this year. It's only \$15 to register before Feb. 2 (\$20 after Feb. 2). Visit http://friendsofpeabody.org/ for registration information.

If you only want to eat the chili, you can do that, too. Five bucks gets you four generous tastings (more than enough to count as lunch) and a drink. And just like last year, for \$2, kids can get a grilled cheese and a lemonade. Get there early when the chili is still warm and ... well ... still there. We'll crown the winners at 1:30 sharp. Don't miss it.



Fill out the coupon in the LampLighter, stop by the office,

#### JOIN ONLINE TODAY!

at www.cooperyoung.org Household memberships only \$20!

## **CYCA MEMBERSHIP BENEFITS** 2014

- **AM Photography** \$25 off headshot session (one time) & a free 11x14 fine art print for any other session booked (one time)
- Art for Art's Sake Auction \$5 discount on ticket purchase
- **Black Lodge Video** One free video rental per month
- Burke's Books 10% discount with any purchase all year (excludes text books, previously discounted or sale items)
- Cafe Ole Buy one entrée get second entrée of equal or lesser value at ½ price
- Calming Influence Massage & Bodywork 5% off with membership card all year (excludes gift certificates)
- Camy's Food Delivery Get a free dessert with any specialty
- **Cooper-Young Regional Beerfest** \$5 discount on tickets
- Hollywood Feed: Union Ave. 5% discount every time you show your CYCA membership card
- **Hub Automotive** Free tire rotation and free courtesy checks (tires & fluid check/top off) whenever card is presented
- InBalance Fitness 10% off group classes (excludes personal training and specialty classes)
- June Hurt, Notary Public Free services to current members
- Maury Ballenger, Massage 10% discount on massage
- Memphis College of Art 10% discount on Summer Art Camp and Saturday School tuition
- Midtown Massage & Bodywork \$5 off services with membership card (excludes gift certificates)
- Mr. Scruff's Pet Care 15% off purchase of the TLC Visit Package (incl. 24 TLC Visits)
- Mulan Asian Bistro 10% off each time you present your membership card
- The Nail & Skin Bar 10% discount off a Spa Pedicure every time you show your membership card
- Otherlands Coffee Bar -1 free cup of coffee or coffee drink
- Outback Steakhouse Free appetizer with the purchase of an entrée up to \$7.29
- Playhouse on the Square Buy 1 get 1 ticket free up to four tickets for Thursday or Sunday shows
- The Polish Bottle 10% off pedicures, facials and waxing services each time the membership card is presented
- Skunx Chef Pub 10% discount each time card is presented
- Soulfish 1 complimentary Lunch or Dinner Entrée when a 2nd of equal or greater value is purchased - Up to \$7
- Stone Soup Cafe Buy one menu item and get a second item of equal or less value 1/2 off, one time only
- Sweet Grass & Next Door 10% off a single entree every time you show your card
- Young Avenue Deli Enjoy 30% off any one entree







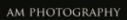




























## Serial numbers, simple steps can keep your belongings safe at home

By Wes Williamson/CYCA safety committee chairman

Crime, especially burglary, is something that can happen anywhere and to anyone. Truly, the best way to avoid becoming a victim of crime is to take steps to prevent crime and if the unfortunate does happen and you are a victim of crime, then it is important to have a strategy to identify stolen posses-

The Memphis Police Department (MPD) promotes several initiatives that support crime prevention. One such strategy is their "Stow It, Don't Show It' program to prevent burglary from cars and the use of engravers to identify stolen property.

Since Midtown does not have many homes with secured garages, the vast majority of Cooper-Young residents park their car either on the street or in their driveways. A burglar sees cars as a quick and easy opportunity to steal items. The best strategy to prevent valuables from being stolen from a vehicle is to "Stow It, Don't Show It." It is best to leave absolutely nothing in a vehicle, even a little bit of spare change. If a burglar sees anything thing in a vehicle that may be of some small value, then it is worth breaking into the car to obtain, even for a mere 50

If there is something that needs to stay in the car, then it should not be visible. Don't leave anything sitting on the seats or in the floorboard. Items should be secured in the glove-compartment or the trunk. The MPD says that some of the most common items stolen from cars include: tools, purses, laptops, briefcases, sunglasses, credit cards, GPS devices, loose change and mobile phones. Remember, the likelihood of a burglar breaking into a vehicle is substantially reduced if there is nothing for them to steal.

Should the unthinkable happen and your home or car is burglarized, do you have your personal property identified? Do you maintain a record of the serial numbers of your property?

In order to identify stolen property, the MPD needs a definitive way to be able to identify the stolen property. The MPD suggests keeping a record of the serial number of anything in your home or car that has a serial number. This includes smart phones, computers, modems, televisions, bicycles and even the microwave.

When reporting the crime to the MPD, you will have a list already prepared to with the serial numbers of the items so there will be no delay in returning the items to you if found. Any time items are taken to pawn shops to be sold, they are required by law to document serial numbers and upload them to the MPD database within 24 hours. If the pawn shop has a laptop with a serial number that matches one listed as stolen on the MPD's list, then the MPD recovers the property and it can be returned to the owner.

Think it cant work? In January, C-Y resident and CYCA executive director Kristan Huntley discovered her bike ad been stolen off her porch. But because she kept track of its serial number and could give the information to police, her bike was returned by the MPD the very next day.

In addition to the list of serial numbers, the MPD highly suggests engraving your items with your driver's license number. You simply engrave the item with TN and the number. This provides another mechanism to identify you as the property owner and it does it in a way so as not to compromise your personal identity.

The Cooper-Young Community Association has two engravers available for residents to use to mark their items and will be hosting an engraving day on March 1 from 11 a.m. to 3 p.m. Come by the CYCA office at 2298 Young and help make Cooper-Young a place that criminals want to avoid.

Remember, if you see any suspicious activity or need to file a report, call the MPD non-emergency line at 545-COPS (2677). If you are in danger or you see a crime in progress, immediately call 911 to report it to the police.

True Story:

Love one another. It's that simple.

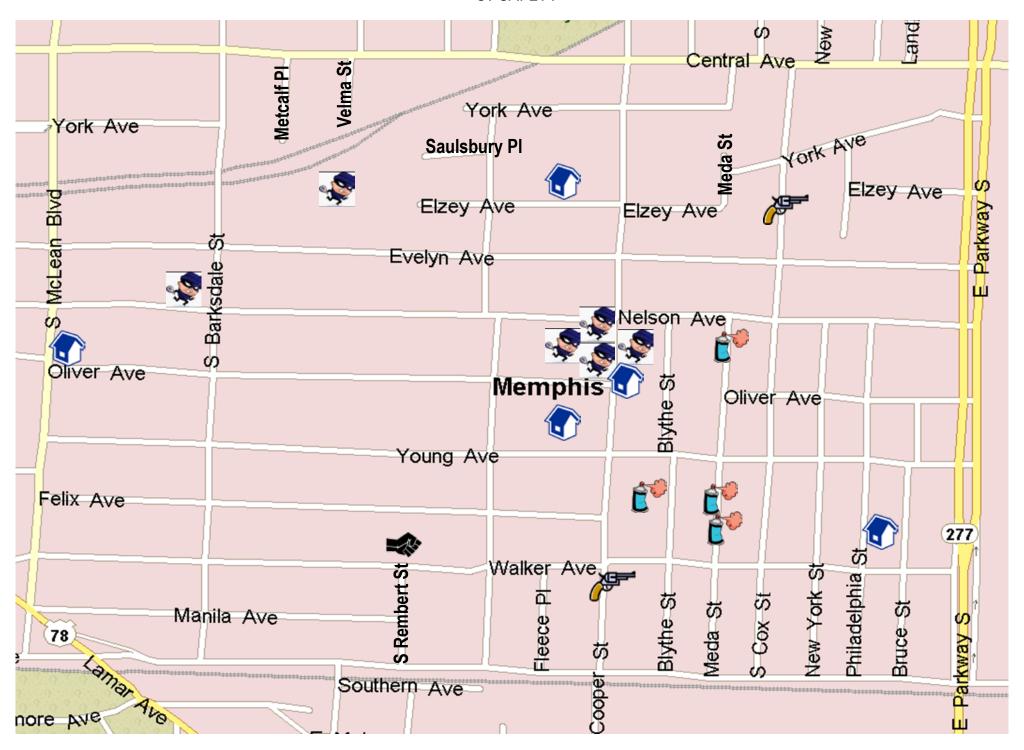
**First Congregational Church** 

## Two dads. Three beautiful children.

They want a church for all of them. Together.

Phone 901.278.6786 1000 South Cooper Memphis, TN 38104

unday worship 10:30am





18 Cases	Arr	Date	Description	Addr
1401009951ME		1/19/2014	Theft Other	1900 Nelson
1401007852ME		1/15/2014	Vandalism	1000 Cooper St
1401007027ME		1/14/2014	Burglary	900 Cooper
1401007325ME		1/14/2014	Burglary	1000 Philadelphia St
1401005834ME		1/12/2014	Robbery	Walker & Cooper
1401005502ME		1/11/2014	Burglary	900 Mclean
1401004982ME		1/10/2014	Burglary	2100 Elzey
1401004795ME		1/9/2014	Burglary	2100 Young
1401002221ME		1/5/2014	Robbery	800 Cox
1312014904ME	Yes	12/31/2013	Theft Other	2000 Elzey
1312014110ME		12/30/2013	Theft Other	900 Cooper
1312014110ME		12/30/2013	Theft Other	900 Cooper
1312014594ME		12/30/2013	Vandalism	1000 Meda
1312014594ME		12/30/2013	Vandalism	1000 Meda
1312013269ME		12/28/2013	Vandalism	900 Meda
1312012845ME		12/26/2013	Theft Other	900 Cooper
1312012845ME		12/26/2013	Theft Other	900 Cooper
1312010374ME		12/21/2013	Assault	1000 Rembert

## Crimes reported Dec. 24, 2013 -Jan. 22, 2014

Map compiled by Ben Boleware

The LampLighter is working with the CYCA to bring you meaningful crime information. In addition to the crime map, which details crimes within a one-mile radius of the Cooper-Young intersection, we also included a list of crimes that happened within our neighborhood. The list includes the case number, which you can use to get more details from police. The information is also available online at lamplighter.cooperyoung.org, with a link to further information from police.

The Memphis Police Department offers a tool on its website (memphispolice.org) that allows you to locate crime information. Crimemapper allows you to input an address and search in quarter-mile increments for a specific type of crime. It then returns the results of your search for the previous 30 days.



1941, 1953, 1965, 1977, 1989, 2001, 2013: Wise and intense with a tendency towards physical beauty. Vain and high tempered. The Boar is your enemy. The Cock or Ox are your





1942, 1954, 1966, 1978, 1990, 2002, 2014: Popular and attractive to the opposite sex. You are often ostentatious and impatient. You need people. Marry a Tiger or a Dog early, but never a Rat.





1943, 1955, 1967, 1979, 1991, 2003, 2015: Elegant and creative. You are timid and prefer anonymity. You are most compatible with Boars and Rabbits, but never the Ox.

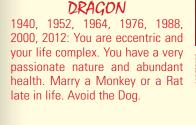
## HAPPY CHINESE NEW YEAR

# . Asian

2059 S. Houston Levee Rd., Suite #121 - Collierville • 901.850.5288 2149 Young Ave. at Cooper - Memphis • 901.347.3965 • mulanbistro.net



1944, 1956, 1968, 1980, 1992, 2004, 2016: You are very intelligent and are able to influence people. An enthusiastic achiever, you are easily discouraged and confused. Avoid Tigers. Seek a Dragon or a Rat.





1939, 1951, 1963, 1975, 1987, 1999, 2011: Luckiest of all signs, you are also talented and articulate. Affectionate, yet shy. You seek peace throughout your life. Marry a Sheep or Boar. Your opposite is the Cock.





#### COCK

1945, 1957, 1969, 1981, 1993, 2005, 2017: A pioneer in spirit, you are devoted to work and quest after knowledge. You are selfish and eccentric. Rabbits are trouble. Snakes and Oxen are fine.



#### TIGER

1938, 1950, 1962, 1974, 1986, 1998, 2010: Tiger people are aggressive, courageous, candid, and sensitive. Look to the Horse and Dog for happiness. Beware of the Monkey



#### **DX**

1937, 1949, 1961, 1973, 1985, 1997, 2009: Bright, patient, and inspiring to others. You can be happy by yourself, yet make an outstanding parent. Marry a Snake or Cock. The Sheep will bring trouble.



WE

**DELIVER** 

WITHIN A

**5 MILES** 

**RADIUS** 

**VOTED TOP 100 CHINESE RESTAURANTS** IN AMERICA

FROM JANUARY 29TH THRU FEBRUARY 16TH CHINESE NEW YEARS & VALENTINE'S SPECIAL SHARE: CHAMPAGNE SPLIT • SHRIMP DUMPLINGS **PHOENIX & DRAGON • CHOCOLATE LAVA CAKE** OR

**CHAMPAGNE SPLIT • TUNA SALAD • KING CRAB ROLL** FRIED CHEESECAKE FOR \$29.95



1936, 1948, 1960, 1972, 1984, 1996, 2008, 2020: You are ambitious, yet honest. Prone to spend freely. Seldom make lasting friendships. compatible with Dragons and Monkeys. Least compatible with Horses.

**DAILY LUNCH SPECIALS \$7.95 BEST DEAL IN MIDTOWN** 



1946. 1958. 1970. 1982. 1994. 2006, 2018: Loyal and honest, you work well with others. Generous, yet stubborn and often selfish. Look to the Horse or Tiger. Watch out for Dragons.



1947, 1959, 1971, 1983, 1995, 2007, 2019: Noble and chivalrous. Your friends will be lifelong, yet you are prone to marital strife. Avoid other Boars. Marry a Rabbit or a Sheep.